



Health and Safety

ECELS invites those who are working in or with early education and child care programs in Pennsylvania to participate in a up-to-date two-part webinar series about how to prevent and manage infectious diseases in group care programs. The webinar will include the latest recommendations and strategies from the American Academy of Pediatrics (AAP). The AAP is the professional standard-setting organization for the health care of children in the United States. Dr. Susan Aronson, ECELS Pediatric Advisor, will present the webinars from 12:30 to 2:30 PM: Part One on November 2 and Part Two on November 16. To receive professional development credit, participants must attend both sessions, and then submit a completed evaluation form and brief implementation sheet. The forms to submit for credit will be on the ECELS website. Dr. Aronson is well known as "Dr. Sue." She is a national expert on health and safety in early care and education programs. This two-part webinar series meets Star Level 2 Performance Standard for Health and Safety. Participation and submission of the completed evaluation and implementation sheet will earn 3 hours of state-authorized professional development credit. The first 100 who register will be able to participate in this series. Mark your calendars now – more details to follow.

ECELS

ecels@paaap.org

800/243-2357

Visit our website at www.ecels-healthychildcarepa.org



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YouTube video on the diapering procedure

<http://www.youtube.com/watch?v=oaERgeeWLDk>



Health & Safety Modules Online

ECELS offers online Professional Development Hours

Have you considered using one of ECELS fifteen online modules? These entirely online modules make high quality health and safety professional development easy and efficient. ECELS is extending this special offer so more practitioners can take advantage of this opportunity. ECELS will waive one \$10 per Self-Learning Module registration/review fee for the first 100 practitioners who submit a successfully completed online module by using the materials posted online. In addition, those 100 practitioners will be eligible for a drawing to receive a packet of current health and safety resources, including the 3rd edition of Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs (centers, group and family child care homes), a \$55 value. This book was released in June 2011.

You will enjoy and learn more by using new, interactive, media-rich materials for Professional Development. Often they have embedded video, case-studies, thought-provoking questions, and attractive graphics. For tips about using online modules, see the article "Using Online Professional Development," in the Summer 2011 Health Link Online issue at our website, <http://www.ecels-healthychildcarepa.org>. Choose the section heading "Publications and Media." Then from the drop-down menu that appears when you roll your cursor over the section heading, choose "Health Link - ECELS Newsletter." Note that for the best performance of online Professional Development, you should have the most up-to-date versions of Adobe Reader and Adobe Flash Player. Go to the Adobe website at <http://www.adobe.com> to install these two free, safe-to-use tools. If you already have these tools, use the Adobe website to update earlier versions you might have installed on your computer.

You will find the ECELS online self-learning modules in the section of the ECELS website headed "Child Care Provider Training." Use the drop-down menu for that section heading to choose "self-learning modules" and then scroll the list of those you find there. The self-learning modules you can use entirely online are:

* Asthma* K7 C2 84 (2 hours)

* Behavior: Managing Challenging Behavior in School Age Children K7 C2 84 (1 hr)

* Breastfeeding Friendly Child Care Center* K7 C2 84 (2 hours)

* Caring for Children with Special Needs* K7 C2 84 (2 hours)

* Environmental Health* K7 C2 84 (2 hours)

* Family Child Care Health and Safety* K7 C2 84 (2 hours)

* Fitness and Nutrition: Moving and Munching-Supporting Physical Activity and Nutrition in Early Learning Programs* K7 C2 84 or K8 C3 96 (3 hours)

* Head Bumps Matter - Protecting Young Brains* K7 C2 84 (2 hours)

* Immunization* K7 C2 78 (2 hours)

* Keeping Safe While Touching Blood* K7 C3 84 (2 hours)

* Model Child Care Health Policies* K7 C3 76 (3 hours)

* Obesity Audioconference: Implementing New Caring for Our Children Standards to Reduce Risk of Obesity for Young Children* K7 C2 84 (2 hours)

* Oral Health* K7 C1 77 (2 hours)

* SIDS* K7 C2 84 (1 hour)

* Sun Safety* K7 C2 84 (2 hours)

*Meets STAR Level 2 Performance Standard for Health and Safety

Please contact ECELS at 800-243-2357 or ecels@paaap.org if you have any questions about online modules or this special offer.

The Fall 2011 issue of HEALTH LINK ONLINE is now available on the ECELS website at www.ecels-healthychildcarepa.org. The articles in this issue are:

- Organic Foods: Are They Better?
- IOM 'Weighs In' About Sleep and Obesity
- New Online Self-Learning Module—Common Illnesses
- Social Emotional Development
- Pediatricians & Early Educators Share Developmental Screening
- TICKS Spread Disease

BATS!! - A Health Policy Test

For those who like to use a brief article, next week we will post on our website and send you a new Health Capsule called "Too Little Sleep Related to Obesity" This Health Capsule highlights some information from the longer article in Health Link ONLINE. You will find the Fall 2011 issue of Health Link ONLINE on the ECELS website now. It is in the section titled "Publications and Media." Scroll down the section page to find them. Please do what you can to disseminate the Fall 2011 online newsletter and the Health Capsule as widely as possible. Together we can help share current information to encourage best practice so children, families and staff in early education and child care can be healthy and safe.

Susan Aronson, MD, FAAP-ECELS Pediatric Advisor and Health Link ONLINE Editor