



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION

kids' health e-newsletter

healthy kids become healthy adults

May-June 2011

Kids' Health E-Newsletter

Health and Wellness

[Keep Kids Safe and Healthy in the Summer](#)

Water, bugs, and the sun, are a few of the things kids experience more of in the summertime. For parents and others, extra vigilance is required to prevent injury and keep kids safe and healthy.

[Preventing Child Maltreatment](#)

This session of Public Health Grand Rounds focused on the epidemiology and costs of child maltreatment, the need for partnerships, and the potential for policy interventions to combat this urgent public health issue.

[Walk This Way! Taking Steps for Pedestrian Safety](#)

Walking is great for your health and a great way to get to your destination. But walking near traffic can be dangerous. Take steps to keep yourself safe when you walk.

[Measles: Make Sure Your Child Is Fully Immunized](#)

One of the best ways to protect children from measles and other vaccine-preventable diseases is to vaccinate them on time. Check your child's medical records to see if he or she is up to date on vaccinations.

[Drowning Risks in Natural Water Settings](#)

Drowning is the second leading cause of unintentional injury death for children ages 1 to 14 years, and the fifth leading cause for people of all ages. Learn how to reduce your risk.

[Summertime Safety](#)

It's summertime, and that means it's time to go outside and

Other Federal

[FDA: Do Not Feed SimplyThick to Premature Infants](#)

[Underage Drinking-Related Hospital Emergency Department Visits Double for Underage Males during July 4th Weekend \(SAMHSA\)](#)

[Feds Launch Action Plan to Protect People and Families from Radon/Radon is one of the leading causes of lung cancer \(EPA\)](#)

[Safer Cribs for Babies Available Starting Today \(CPSC\)](#)

[Living Arrangements of Children: 2009 \(U.S. Census\)](#)

[Back to School: 2011-2012 Facts for Features \(U.S. Census\)](#)

enjoy the weather.

Stay Healthy at Animal Exhibits This Summer

There are many ways to explore the animal world. Follow these tips to help you prevent illness when visiting animal exhibits this summer.

Eagle Books Art Exhibition Illustrated Healthy Living

Through the Eyes of the Eagle: Illustrating Healthy Living for Children is traveling to museums across the U.S. promoting healthy living and diabetes prevention.

What's Your Baby's Hearing Screening Result?

Babies begin to develop speech and language from the time they are born. All parents should learn the results of their baby's newborn hearing screening test.

Protect Your Skin

While you enjoy the outdoors this summer, protect yourself from skin cancer by seeking shade, wearing sunglasses, a hat, and sun-protective clothing, and using sunscreen.

U.S. Asthma Rates Continue to Rise

The number of people diagnosed with asthma grew by 4.3 million from 2001 to 2009. From 2001 through 2009 asthma rates rose the most among black children, almost a 50% increase.

Taking an Adolescent's Sexual History

This commentary will offer you tips on taking a sexual history and direct you to additional resources. For teens, the sexual history can be included as a routine component of a broader risk assessment, which also addresses issues related to home, school, drug use, and smoking.

Physical Activity Levels of High School Students - United States, 2010

The findings of this study indicate that approximately one out of 10 U.S. high school students met the HP 2020 objective for both aerobic and muscle-strengthening activities.

Beverage Consumption Among High School Students - United States, 2010

National / State / Local

[Media, Kids and Obesity: It's Not Just About Couch Potatoes \(AAP\)](#)

[Sam's Club® Offers Free Children's Health and ID Screenings, July 9](#)

[PHA and Bright Horizons Announce Groundbreaking Child Care Commitment to Prevent Childhood Obesity](#)

[First Lady Launches "First Ladies for Healthy Babies" Initiative \(Tennessee\)](#)

[Alliance for a Healthier Generation Receives \\$23 Million Grant to Expand Healthy Schools Program \(RWJF\)](#)

[Communities Ramp Up Efforts to Address Childhood Obesity \(RWJF\)](#)

[N.C. Home Visitation Programs Receive \\$1.6 Million Jump Start](#)

The findings in this report indicate that water, milk, and 100% fruit juices were the beverages most commonly consumed daily by high school students.

[Interim Results: State-Specific Influenza Vaccination Coverage - United States, August 2010—February 2011](#)

For the 2010-11 season, ACIP recommendations for annual vaccination for all persons aged ≥ 6 months went into effect, memories of the 2009 H1N1 pandemic were fresh in the public's mind, and approximately 48 million more seasonal vaccine doses were distributed than for the 2009-10 season.

[Ocular Toxocariasis-United States, 2009-2010](#)

Although ocular toxocariasis (OT) is uncommon, it most often affects young children and can cause debilitating ophthalmologic disease, including blindness. Good hygiene practices, timely disposal of pet feces, and routine deworming of pets are strategies necessary to reduce OT in humans.

[Keep the Germs Away: Tips for Staying Healthy](#)

There are many ways to prevent the spread of germs and infectious diseases. Here are some practical and useful tips about handwashing, disinfecting surfaces, and other easy-to-follow steps to stay healthy.

[One Test. Two Lives. HIV Screening for Prenatal Care](#)

Pediatric AIDS cases from mother to child transmission have declined in the United States. Despite this important success in perinatal HIV prevention, some women and infants are not screened for HIV and do not receive medical treatment if infected.

[Tetanus: Make Sure You and Your Child Are Fully Immunized](#)

Playing outdoors can mean getting cuts that may become infected with bacteria commonly found in soil, including the ones that cause tetanus. Tetanus vaccine can help prevent tetanus disease, commonly known as "lockjaw."

[Sexual Identity, Sex of Sexual Contacts, and Health-Risk Behaviors Among Students in Grades 9-12 — Youth Risk Behavior Surveillance, Selected Sites, United States, 2001-2009](#)

Podcasts and E- Cards

[CDC Health-e-Cards](#)

Send an electronic greeting card to friends, family, and others to show you care about their health and safety. New e-cards are added frequently.

[CDC Podcasts](#)

Listen to these free, short podcasts on health and safety. New selections are added frequently.

Sexual minority students, particularly gay, lesbian, and bisexual students and students who had sexual contact with both sexes, are more likely to engage in health-risk behaviors than other students.

Recreational Water Illness and Injury

Having fun while you swim this summer means knowing how to prevent recreational water illnesses (RWIs) and injuries. Learn how to stay healthy and safe while enjoying the water!

Preteens and Teens Need Vaccines Too!

Do you have a preteen or teen? Make sure they have received the recommended preteen and teen vaccines so they will be protected from serious diseases.

School Starts Soon—Is Your Child Fully Vaccinated?

Web tools from CDC can help parents and doctors keep children up-to-date with the vaccines they need and protected from serious diseases.

Animals in Schools and Daycare Settings

Animals can provide important opportunities for entertainment and learning. However, there is also a risk for getting sick or hurt from contact with animals, including those in school and daycare classrooms.

Vaccination Coverage Among Children in Kindergarten - United States, 2009-10 School Year

Findings from this report showed that, in general, coverage rates for most recommended vaccines among children entering kindergarten were $\geq 90\%$; however, some grantees were below the Healthy People 2020 target of $\geq 95\%$ coverage.

Hepatitis C Virus Infection Among Adolescents and Young Adults - Massachusetts, 2002-2009

This report revealed continued increases in rates of newly reported HCV infection among persons aged 15-24 years.

County -Level Trends in Vaccination Coverage Among Children Aged 19-35 Months - United States, 1995-2008

During 1995-2008, significant increases in vaccination coverage for individual vaccines occurred in many counties

for the newly recommended vaccines, varicella and PCV7.

Measles - United States, January-May 20, 2011

During January 1-May 20, 2011, a total of 118 cases were reported from 23 states and New York City, the highest reported number for the same period since 1996.

Update on Japanese Encephalitis Vaccine for Children - United States, May 2011

Inactivated mouse brain-derived Japanese encephalitis (JE) vaccine (JE-MB [manufactured as JE-Vax]), the only JE vaccine that is licensed for use in children in the United States, is no longer available. This notice provides updated information regarding options for obtaining JE vaccine for U.S. children.

Fetal Alcohol Spectrum Disorders

Fetal alcohol spectrum disorders (FASDs) are a group of conditions that can occur in a person whose mother drank alcohol during pregnancy. Learn more about signs, treatments, and what you can do about FASDs.

Prevent Recreational Water Illness and Injury

Having fun while you swim this summer means knowing how to prevent recreational water illnesses (RWIs) and injuries. Learn how to stay healthy and safe while enjoying the water!

This service is provided by the CDC/ATSDR Office of Women's Health. Email comments or suggestions to owh@cdc.gov.

More Information:

[Life Stages](#) • [Safe and Healthy Kids and Teens](#) • [Parent Portal](#) • [Centers for Disease Control and Prevention](#) • [Agency for Toxic Substances and Disease Registry](#)

Disclaimer:

Links to non-Federal organizations are provided solely as a service to our users. These links do not constitute an endorsement of these organizations or their programs by CDC/ATSDR or the Federal Government, and none should be inferred. The CDC/ATSDR is not responsible for the content of the individual organization Web pages found at these links.