



March 2023

Meck
Center for Healthy Aging
570-601-9593

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Join us for lunch! Served M-F at 11:30am</p> <p>Call to order a meal!</p>		<p>1</p> <p>9:00am Cards 10:00am Puzzles 12:00pm Crochet</p>	<p>2</p> <p>9:00am Cards 11:30am Preparing Together Program 12:30pm Bingo</p>	<p>3</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>6</p> <p>9:00am Cards 10:30am Puzzles 12:00pm Bible Study</p>	<p>7</p> <p>9:00am ZUMBA Gold 10:00am Cards 1:00pm Jeopardy</p>	<p>8</p> <p>9:00am Cards 10:00am Puzzles 12:00pm Crochet</p>	<p>9</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>10</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Crafts</p>
<p>13</p> <p>9:00am Cards 10:30am Puzzles 12:00pm Bible Study</p>	<p>14</p> <p>9:00am ZUMBA Gold 10:00am Cards 1:00pm Jeopardy</p>	<p>15</p> <p>9:00am Cards 10:00am Puzzles 12:00pm Crochet</p>	<p>16</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>17</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>20</p> <p>9:00am Cards 10:30am Puzzles 12:00pm Bible Study</p>	<p>21</p> <p>9:00am ZUMBA Gold 10:00am Cards 1:00pm Jeopardy</p>	<p>22</p> <p>9:00am Cards 10:00am Puzzles 12:00pm Crafts</p>	<p>23</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>24</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>27</p> <p>9:00am Cards 10:30am Puzzles 12:00pm Bible Study</p>	<p>28</p> <p>CENTER CLOSED</p>	<p>29</p> <p>9:00am Cards 10:00am Puzzles 12:00pm Crochet</p>	<p>30</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Giftcard Bingo</p>	<p>31</p> <p>9:00am Cards 10:00am Puzzles 12:00pm Ceramics</p>