



# March 2026

**Jersey Shore  
Center for Healthy Aging  
570-601-9591**

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">2</p> <p>9a Coffee &amp; Conversation 10:15a Cards 12:15p Bible Study 1:15p Diamond Painting</p>	<p style="text-align: center;">3</p> <p>9a HSIM (Exercise) 10:15a Cards/Dominos 12:30p Mug It Program w/ Helen</p>	<p style="text-align: center;">4</p> <p>9a Coffee &amp; Conversation 10:15a Chair Yoga 12:15p Bingo</p>	<p style="text-align: center;">5</p> <p>9a HSIM (Exercise) 10:15a Cards/Dominos 12:15p Trivia</p>	<p style="text-align: center;">6</p> <p>9a Coffee &amp; Conversation 10:15a Chair Yoga 12:15p Duck Races</p>
<p style="text-align: center;">9</p> <p>9a Coffee &amp; Conversation 10:15a Cards 12:15p Bible Study 1:15p Diamond Painting</p>	<p style="text-align: center;">10</p> <p>9a HSIM (Exercise) 10:15a Cards/Dominos 12:15p Rummikub 1p Tech Savy Program w/ JS FBLA</p>	<p style="text-align: center;">11</p> <p>9a Coffee &amp; Conversation 10:15a Chair Yoga 12:15p Mystery Bingo</p>	<p style="text-align: center;">12</p> <p>9a HSIM (Exercise) 10:15a Cards/Dominos 12:15p Board Games</p>	<p style="text-align: center;">13</p> <p>9a Coffee &amp; Conversation 10:15a Chair Yoga 12:15p Rummikub</p>
<p style="text-align: center;">16</p> <p>9a Coffee &amp; Conversation 10:15a Cards 12:15p Bible Study 1:15p Diamond Painting</p>	<p style="text-align: center;">17</p> <p>9a HSIM (Exercise) 10:15a Cards/Dominos 12:15p Karaoke</p>	<p style="text-align: center;">18</p> <p>9a Coffee &amp; Conversation 10:15a Chair Yoga 12:15p Bingo</p>	<p style="text-align: center;">19</p> <p>9a HSIM (Exercise) 10:15a Cards/Dominos 12:15p Trivia</p>	<p style="text-align: center;">20</p> <p>9a Coffee &amp; Conversation 10:15a Chair Yoga 12:15p UNO Card Game 1p Tech Savy Program w/ JS FBLA</p>
<p style="text-align: center;">23</p> <p>9a Coffee &amp; Conversation 10:15a Cards 12:15p Bible Study 1:15p Diamond Painting</p>	<p style="text-align: center;">24</p> <p>9a HSIM (Exercise) 10:15a Cards/Dominos 12:15p Rummikub</p>	<p style="text-align: center;">25</p> <p>9a Coffee &amp; Conversation 10:15a Chair Yoga 12:15p Grocery Bingo</p>	<p style="text-align: center;">26</p> <p>9a HSIM (Exercise) 10:15a Cards/Dominos 12:15p Penny Pitching</p>	<p style="text-align: center;">27</p> <p>9a Coffee &amp; Conversation 10:15a Chair Yoga 12:15p Monthly Birthday Celebration</p>
<p style="text-align: center;">30</p> <p>9a Coffee &amp; Conversation 10:15a Cards 12:15p Bible Study 1:15p Diamond Painting</p>	<p style="text-align: center;">31</p> <p>9a HSIM (Exercise) 10:15a Cards/Dominos 12:15p Karaoke</p>			<p>Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal!</p>