

## April 2024

## Loyalsock Center for Healthy Aging 570-601-9590

| Monday  | Tueday  | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| 1<br>12:00 pm<br>Mahjong                          | 2<br>9:00-10:00am<br>HSIM<br>9:00-10:00am<br>Zumba Gold<br>12:30pm Cards (variety)  | 3<br>9:00-10:00am<br>Zumba Gold<br>12:00We Love To Read<br>1:00pm Color/Design | 4<br>9:00-10:00am<br>HSIM<br>1:00-3:00pm<br>Fiber Arts                         | 5<br>10:00am-11:30am<br>Tech Savvy   |
| 8<br>9:00-10:00am<br>Tai Chi<br>12:00<br>Mahjong  | 9<br>9:00-10:00am<br>HSIM<br>9:00-10:00am<br>Zumba Gold<br>12:30pm Cards (variety)  | 10<br>9:00-10:00am<br>Zumba Gold<br>1:00pm Color/Design                        | 11<br>CENTER CLOSED<br>STAFF TRAINING  | 12<br>9:00-10:00<br>Coffee and Conversation  |
| 15<br>9:00-10:00am<br>Tai Chi<br>12:00<br>Mahjong | 16<br>9:00-10:00am<br>HSIM<br>9:00-10:00am<br>Zumba Gold<br>12:30pm Cards (variety) | 17<br>9:00-10:00am<br>Zumba Gold<br>1:00pm Color/Design                        | 18<br>9:00-10:00am<br>HSIM<br>12:00-1:00pm Trivia<br>1:00-3:00pm<br>Fiber Arts | 19<br>9:00-10:00<br>Coffee and Conversation  |
| 22<br>9:00-10:00am<br>Tai Chi<br>12:00<br>Mahjong | 23<br>CENTER CLOSED<br>FOR VOTING   | 24<br>9:00-10:00am<br>Zumba Gold<br>1:00pm Color/Design                        | 25<br>9:00-10:00am<br>HSIM<br>12:00-1:30pm<br>Trivia                           | 26<br>10:00am-11:30am<br>Tech Savvy  |
| 29<br>9:00-10:00am<br>Tai Chi<br>12:00<br>Mahjong | 30<br>9:00-10:00am<br>HSIM<br>9:00-10:00am<br>Zumba Gold<br>12:30pm Cards (variety) |  |  | Come eat lunch with us!<br>Lunch served daily at<br>11:30am<br>Call to reserve a meal! |