



October 2023

RiverWalk
Center for Healthy Aging
(570) 601-9592

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>9:00 Wood Carving, 9:00 Zumba Gold, 1:00 HSIM</p>	<p>3</p> <p>9:00 iPhone Class SWASD 1 0:30 Senior Yoga—Virtual 1:00 Get the Dirt on Gardening</p>	<p>4</p> <p>9:00 Cards 9:00 HSIM 12:00 Bible Study 2:00 Line Dance</p>	<p>5</p> <p>9:00 Koffee Klatch 10:30 Drawing w/George 1:00 Bingo</p>	<p>6</p> <p>9:00 Zumba Gold, 1:00-2:00 Electronics Help (call ahead)</p>
<p>9</p> <p>9:00 Wood Carving, 9:00 Zumba Gold, 1:00 HSIM</p>	<p>10</p> <p>10:30 Senior Yoga—Virtual 1:00 Get the Dirt on Gardening</p>	<p>11</p> <p>9:00 iPhone Class SWASD 9:00 Cards 12:00 Bible Study 2:00 Line Dance</p>	<p>12</p> <p>9:00 Koffee Klatch 10:30 Drawing w/George 1:00 Bingo</p>	<p>13</p> <p>9:00 Zumba Gold, 1:00-2:00 Electronics Help (call ahead)</p>
<p>16</p> <p>9:00 Wood Carving, 9:00 Zumba Gold, 1:00 HSIM</p>	<p>17</p> <p>9:00 iPhone Class SWASD 1 0:30 Senior Yoga—Virtual 1:00 Get the Dirt on Gardening</p>	<p>18</p> <p>9:00 Cards 9:00 HSIM 10:00 Ceramics 12:00 Bible Study 2:00 Line Dance</p>	<p>19</p> <p>9:00 Koffee Klatch 10:30 Drawing w/George 1:00 GIFT CARD Bingo</p>	<p>20</p> <p>9:00 Zumba Gold, 11:30 Lunch N 'Learn 1:00-2:00 Electronics Help (call ahead)</p>
<p>23</p> <p>9:00 Wood Carving, 9:00 Zumba Gold, 1:00 HSIM</p>	<p>24</p> <p>9:00 iPhone Class SWASD 1 0:30 Senior Yoga—Virtual 1:00 Get the Dirt on Gardening</p>	<p>25</p> <p>9:00 Cards 9:00 HSIM 12:00 Bible Study 2:00 Line Dance</p>	<p>26</p> <p>9:00 Koffee Klatch 10:30 Drawing w/George 1:00 Bingo</p>	<p>27</p> <p>9:00 Zumba Gold, 1:00-2:00 Electronics Help (call ahead)</p>
<p>30</p> <p>CENTER CLOSED FOR STAFF TRAINING</p>	<p>31</p> <p>9:00 iPhone Class SWASD 1 0:30 Senior Yoga—Virtual 1:00 Get the Dirt on Gardening</p>		<p>Bike Rentals available Monday-Friday between 10am-3pm, call to make a reservation!</p>	<p>Join us for lunch! Served M-F at 11:30. Call to order a meal 48hrs in advance by 10am.</p>