



November 2023

Loyalsock
Center for Healthy Aging
570-601-9590

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CENTER CLOSED STAFF TRAINING	2 9:00am-10:00am HSIM 1:00-3:00pm Fiber Arts	3 10:00am-11:30am Tech Savvy
6 9:00-10:00 Tai Chi 12:00 Mahjong 12:30 Glass ornaments	7 CENTER CLOSED ELECTION DAY	8 9:00-10:00am Zumba Gold 1:00pm Color/Design	9 9:00am-10:00am HSIM	10 CENTER CLOSED VETERAN'S DAY OBSERVANCE
13 9:00-10:00 Tai Chi 12:00 Mahjong	14 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	15 9:00-10:00am Zumba Gold 12:00 We Love To Read 1:00pm Color/Design	16 9:00am-10:00am HSIM 1:00-3:00pm Fiber Arts	17 10:00am-11:30am Tech Savvy
20 9:00-10:00 Tai Chi 12:00 Mahjong	21 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	22 9:00-10:00am Zumba Gold 1:00pm Color/Design	23 CENTER CLOSED THANKSGIVING	24 CENTER CLOSED THANKSGIVING HOLIDAY
27 9:00-10:00 Tai Chi 12:00 Mahjong	28 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	29 9:00-10:00am Zumba Gold 1:00pm Color/Design	30 9:00am-10:00am HSIM	Join us for lunch! Served M-F at 11:30am Call to order a meal