



March 2024

Mill Hall
Center for Healthy Aging
[570-726-6378]

Monday	Tuesday	Wednesday	Thursday	Friday
Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal!				1 9:30-Exercise 10:00-Aggravation
4 9:30-Exercise 10:00-Aggravation	5 CLOSED (BINGO AT CCCC)	6 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 10a-1:30p Card	7 10:00-Line Dancing	8 9:30-Exercise 10:00-Aggravation
11 9:30-Exercise 10:00-Aggravation	12 CLOSED (BINGO AT CCCC)	13 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 10a-1:30p Card	14 10:00-Line Dancing	15 9:30-Exercise 10:00-Aggravation
18 189:30-Exercise 10:00-Aggravation	19 CLOSED (BINGO AT CCCC)	20 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 10a-1:30p Card	21 10:00-Line Dancing	22 9:30-Exercise 10:00-Aggravation
25 9:30-Exercise 10:00-Aggravation	26 CLOSED (BINGO AT CCCC)	27 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 10a-1:30p Card	28 10:00-Line Dancing	29 CENTER CLOSED GOOD FRIDAY