



May 2023

Jersey Shore
Center for Healthy Aging
570-601-9591

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| <p>1</p> <p>12:15 Bible Study w/ C Bennett, Lay Minister 12:15 Cards</p> | <p>2</p> <p>9:00 HSIM (exercise) 12:15 Cards/Dominos</p> | <p>3</p> <p>12:15 Cards/Dominos</p> | <p>4</p> <p>9:00 HSIM (exercise) 12:15 Cards/Dominos/ Sequence</p> | <p>5</p> <p>11:30 Cinco de Mayo Celebration 12:15 Cards/Dominos</p> |
| <p>8</p> <p>12:15 Bible Study w/ C Bennett, Lay Minister 12:15 Cards</p> | <p>9</p> <p>9:00 HSIM 12:15 Cards/Dominos</p> | <p>10</p> <p>12:15 Cards/Dominos</p> | <p>11</p> <p>9:00 HSIM 12:30 JS Senior Carnival Games</p> | <p>12</p> <p>12n Mother's Day Celebration 12:15 Cards/Dominos</p> |
| <p>15</p> <p>11:30 National Chocolate Chip Day 12:15 Bible Study w/ C Bennett, Lay Minister 12:15 Cards</p> | <p>16</p> <p>9:00 HSIM 12:30 Take-a-Trip Tuesday</p> | <p>17</p> <p>12n Heart Health w/ David, AmeriHealth <i>Caritas</i> 12:15 Cards/Dominos</p> | <p>18</p> <p>9:00 HSIM 12:15 Cards/Dominos/ Sequence</p> | <p>19</p> <p>11:30 National Pizza Party Day 12:15 Cards/Dominos</p> |
| <p>22</p> <p>12:15 Bible Study w/ C Bennett, Lay Minister 12:15 Cards</p> | <p>23</p> <p>9:00 HSIM 12:30 JS Horse Races</p> | <p>24</p> <p>12n National Photo Month (bring in a pic of a younger you) 12:15 Cards/Dominos</p> | <p>25</p> <p>9:00 HSIM 12:15 Cards/Dominos/ Sequence</p> | <p>26</p> <p>12:15 National Paper Airplane Day 12:30 Cards/Dominos</p> |
| <p>29</p> <p>CENTER CLOSED MEMORIAL DAY</p> | <p>30</p> <p>9:00 HSIM 12:15 Cards/Dominos</p> | <p>31</p> <p>12:15 Cards/Dominos</p> | | <p>Join us for lunch! Served M-F at 11:30am</p> <p>Call to order a meal!</p> |