



January 2023

Loyalsock
Center for Healthy Aging
570-601-9590

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">2</p> <p style="text-align: center;">CENTER CLOSED</p>	<p style="text-align: center;">3</p> <p>9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)</p>	<p style="text-align: center;">4</p> <p>9:00-10:00am Zumba Gold 12:00pm Lunch and Literature (lunch served at 11:30) 1:00pm Color/Design</p>	<p style="text-align: center;">5</p> <p>9:00am-10:00am HSIM 1:00-3:00pm Fiber Arts (bring your own project; knitting, crocheting, sewing, etc.)</p>	<p style="text-align: center;">6</p> <p>10:00am-11:30am Tech Savvy</p>
<p style="text-align: center;">9</p> <p>10:00am Coffee and Conversation</p>	<p style="text-align: center;">10</p> <p>9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)</p>	<p style="text-align: center;">11</p> <p>9:00-10:00am Zumba Gold 12:00pm Lunch and Literature (lunch served at 11:30) 1:00pm Color/Design</p>	<p style="text-align: center;">12</p> <p>9:00am-10:00am HSIM</p>	<p style="text-align: center;">13</p> <p>10:00am-11:30am Tech Savvy</p>
<p style="text-align: center;">16</p> <p style="text-align: center;">CENTER CLOSED MARTIN LUTHER KING, JR DAY</p>	<p style="text-align: center;">17</p> <p>9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)</p>	<p style="text-align: center;">18</p> <p>9:00-10:00am Zumba Gold 12:00pm Lunch and Literature (lunch served at 11:30) 1:00pm Color/Design</p>	<p style="text-align: center;">19</p> <p>9:00am-10:00am HSIM 1:00-3:00pm Fiber Arts (bring your own project; knitting, crocheting, sewing, etc.)</p>	<p style="text-align: center;">20</p> <p>10:00am-11:30am Tech Savvy</p>
<p style="text-align: center;">23</p> <p>10:00am Coffee and Conversation</p>	<p style="text-align: center;">24</p> <p>9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)</p>	<p style="text-align: center;">25</p> <p>9:00-10:00am Zumba Gold 12:00pm Lunch and Literature (lunch served at 11:30) 1:00pm Color/Design</p>	<p style="text-align: center;">26</p> <p>9:00am-10:00am HSIM</p>	<p style="text-align: center;">27</p> <p>10:00am-11:30am Tech Savvy</p>
<p style="text-align: center;">30</p> <p>10:00am Coffee and Conversation</p>	<p style="text-align: center;">31</p> <p>9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)</p>			<p>Join us for lunch! Served M-F at 11:30am</p> <p>Call to order a meal!</p>