



Loyalsock Center for Healthy Aging
570 601-9590

August 2022

MON	TUE	WED	THU	FRI
1 10:00am Coffee & Conversation	2 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	3 9:00-10:00am Zumba Gold 1:00pm Color/Design	4 9:00am-10:00am HSIM 1:00-3:00pm Fiber Arts (bring your own project; knitting, cro- cheting, sewing, etc.)	5 10:00am-11:30am Tech Savvy
8 10:00am Coffee & Conversation	9 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	10 9:00-10:00am Zumba Gold 1:00pm Color/Design	11 9:00am-10:00am HSIM	12 10:00am-11:30am Tech Savvy
15 12:30 Gift Card Bingo	16 Bus Trip 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	17 9:00-10:00am Zumba Gold 1:00pm Color/Design	18 9:00am-10:00am HSIM 1:00-3:00pm Fiber Arts (bring your own project; knitting, cro- cheting, sewing, etc.)	19 10:00am-11:30am Tech Savvy
22 12:30 Loyalsock Center Picnic/Luncheon	23 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	24 9:00-10:00am Zumba Gold 1:00pm Color/Design	25 9:00am-10:00am HSIM 12:30 Ceramics	26 10:00am-11:30am Tech Savvy
29 10:00am Coffee & Conversation	30 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	31 9:00-10:00am Zumba Gold 1:00pm Color/Design		