

Frey's Menu

July-22

July 4	July 5	July 6	July 7	July 8
HOLIDAY HOLIDAY HOLIDAY HOLIDAY HOLIDAY	Cheddar Cheese Omelet Hot Spiced Peaches Diced Tomatoes with Peppers and Onions Oatmeal Cream Pie Whole Grain Bread	Breaded Fish Sandwich with Tartar Sauce and Sandwich Roll Stewed Tomatoes Macaroni and Cheese Broccoli Salad	Chicken Tetrazzini Fettuccine Alfredo California Vegetable Blend Fresh Apple Whole Grain Bread	Sausage Meatballs with Mushroom Sauce over Radiatore Noodles Green and Wax Beans Butternut Squash Watermelon
July 11	July 12	July 13	July 14	July 15
Baked Liver with Onion Gravy Mashed Potatoes Peas and Cauliflower Oatmeal Apple Sauce Cake	Hawaiian Pork Loin Wild Rice Blend Rivera Vegetable Blend Tropical Fruit Salad	Cheeseburger Hamburger Bun Shaved Brussels German Potato Salad Chocolate Chip Cookie	Italian Meatballs with Spaghetti and Tomato Sauce Italian Vegetables Tomato and Cucumber Salad	Honey Mustard Chicken Garlic Breadstick Mixed Vegetables Fresh Orange
July 18	July 19	July 20	July 21	July 22
Pork Roast with Verde Cream Sauce Black Beans Spanish Rice Mandarin Oranges	Texas Hot Dog with Hot Dog Roll Carrots & Cauliflower Molasses Baked Beans Fresh Banana	Chicken Fajita Wrap with Peppers and Onions Mexican Corn Spanish Beans Baked Custard	Swedish Meatballs Halushkie Peas with Pearl Onions Minted Pears	Chicken Pot Pie over Bows with Gravy Fresh Biscuit Mixed Vegetables Fresh Cantaloupe
July 25	July 26	July 27	July 28	July 29
Chicken Parmesan Spaghetti with Sauce Italian Vegetable Blend Creamy Cole Slaw	Hamburger Barbeque Sandwich Roll Beans and Greens Butternut Squash Baked Custard	Sausage Patty with Peppers and Onions Sandwich Roll Peas and Carrots Molasses Baked Beans Fresh Peach	Macaroni Ham & Cheese Stewed Tomatoes Peas Banana Pudding	Parmesean Breaded Fish Au Gratin Potatoes Dilled Carrots Fruited Gelatin Whole Grain Bread