



September 2023

Loyalsock
Center for Healthy Aging
570-601-9590

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Join us for lunch! Served M-F at 11:30am</p> <p>Call to order a meal!</p>				<p>1 10:00am Coffee and Conversation</p>
<p>4 CENTER CLOSED LABOR DAY</p>	<p>5 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)</p>	<p>6 9:00-10:00am Zumba Gold 12:00 We Love To Read 1:00pm Color/Design</p>	<p>7 9:00am-10:00am HSIM 1:00-3:00pm Fiber Arts</p>	<p>8 10:00am-11:30am Tech Savvy</p>
<p>11 12:00-2:00pm Mahjong</p>	<p>12 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)</p>	<p>13 9:00-10:00am Zumba Gold 1:00pm Color/Design</p>	<p>14 9:00am-10:00am HSIM</p>	<p>15 10:00am-11:30am Tech Savvy</p>
<p>18 12:00-2:00pm Mahjong 12:30 Lose Weight with 8</p>	<p>19 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)</p>	<p>20 CENTER CLOSED FOR ACTIVITIES/LUNCH</p>	<p>21 9:00am-10:00am HSIM 1:00-3:00pm Fiber Arts</p>	<p>22 10:00am-11:30am Tech Savvy</p>
<p>25 12:00-2:00pm Mahjong</p>	<p>26 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)</p>	<p>27 9:00-10:00am Zumba Gold 1:00pm Color/Design</p>	<p>28 9:00am-10:00am HSIM 12:30 Ceramics</p>	<p>29 10:00am-11:30am Tech Savvy</p>