



# November 2023

Clinton County Community Center  
for Healthy Aging  
Tara Coleman 570-858-5820

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Center Closed for Training	2 9a Use Your Noodle 9:30a Tai Chi Club 12:30p Cards	3 9a Cards 9a Zumba Gold 9a Tech Savvy 9:30a HSIM 1p Music Jam 2:30p Beginners Pickleball
6 9a Zumba Gold 9:30a HSIM 10a Drawing with George 2:30p Line Dancing 2:30p Chair Yoga	7 9a Use Your Noodle 9:30a TaiChi for Beginners 5p Zumba	8 9a Computer Class 2:30p Beginners Pickleball	9 9a Use Your Noodle 9:30a Tai Chi Club 12:30p Cards	10 CENTER CLOSED VETERAN'S DAY OBSERVANCE
13 9a Zumba Gold 9:30a HSIM 10a Drawing with George 2:30p Line Dancing 2:30p Chair Yoga	14 9a Use Your Noodle 5p Zumba  Shopping Trip Outing	15 9a Computer Class 11:30 Medicare Fraud 2:30p Beginners Pickleball	16 9a Use Your Noodle 9:30a Tai Chi Club 11:30a Lunch and Learn- Founding of Lock Haven 12:30p Cards	17 9a Cards 9a Zumba Gold 9a Tech Savvy 9:30a HSIM 1p Music Jam 2:30p Beginners Pickleball
20 9a Zumba Gold 9:30a HSIM 10a Drawing with George 2:30p Line Dancing	21 9a Use Your Noodle 9:30a TaiChi for Beginners 5p Zumba	22 9a Computer Class 2:30p Beginners Pickleball	23 CENTER CLOSED THANKSGIVING	24 CENTER CLOSED THANKSGIVING HOLIDAY
27 9a Zumba Gold 9:30a HSIM 10a Drawing with George 2:30p Line Dancing	28 9a Use Your Noodle 9:30a TaiChi for Beginners 5p Zumba	29 9a Computer Class 2:30p Beginners Pickleball	30 9a Use Your Noodle 9:30a Tai Chi Club 12:30p Cards	Join us for lunch! Served M-F at 11:30am  Call to order a meal