



March 2024

Clinton County Community Center
for Healthy Aging
Tara Coleman 570-858-5820

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|
| Indoor Walking 8:30a-4p Monday-Friday | Join us for lunch! Served M-F at 11:30am Call to order a meal | | | 1 9a Cards 9a Zumba Gold 9a Tech Savvy 9:30a HSIM 1p Music Jam 2:30p Beginners Pickleball |
| 4 9a Zumba Gold 9:30a HSIM 10a Drawing with George 2:30p Line Dancing 2:30p Chair Yoga | 5 9a Use Your Noodle 9:30a Quilting 4p Zumba | 6 9a Computer Class 2:30p Beginners Pickleball | 7 9a Use Your Noodle 9:30a Tai Chi Club 12:30p Cards | 8 9a Cards 9a Zumba Gold 9a Tech Savvy 9:30a HSIM 2:30p Beginners Pickleball |
| 11 9a Zumba Gold 9:30a HSIM 10a Drawing with George 2:30p Line Dancing 2:30p Chair Yoga | 12 9a Use Your Noodle 9:30a Quilting 4p Zumba | 13 9a Computer Class 2:30p Beginners Pickleball | 14 9a Use Your Noodle 9:30a Tai Chi Club 12:30p Cards 1p Movie Afternoon | 15 9a Cards 9a Zumba Gold 9a Tech Savvy 9:30a HSIM 1p Music Jam 2:30p Beginners Pickleball |
| 18 9a Zumba Gold 9:30a HSIM 10a Drawing with George 2:30p Line Dancing 2:30p Chair Yoga | 19 9a Use Your Noodle 9:30a Quilting 4p Zumba | 20 9a Computer Class 2:30p Beginners Pickleball | 21 9a Use Your Noodle 9:30a Tai Chi Club 11:30 Lunch and Learn with Lou 12:30p Cards | 22 9a Cards 9a Zumba Gold 9a Tech Savvy 9:30a HSIM 2:30p Beginners Pickleball |
| 25 9a Zumba Gold 9:30a HSIM 10a Drawing with George 2:30p Line Dancing 2:30p Chair Yoga | 26 9a Use Your Noodle 4p Zumba | 27 9a Computer Class 2:30p Beginners Pickleball | 28 9a Use Your Noodle 9:30a Tai Chi Club 12:30p Cards | 29 Center Closed Good Friday |