



STEP Head Start

POSITIVE BEHAVIOR INTERVENTIONS & SUPPORTS (PBIS)



PBIS is a way for STEP Head Start to encourage
Safe, Kind, and Responsible behavior.

PBIS is for everyone:

◆ *Children* ◆ *Families* ◆ *Staff* ◆



Build Positive Relationships

The foundation of PBIS is positive relationships. We want to build positive relationships with:

- ◆ Children
- ◆ Families
- ◆ Staff



Design a Supportive Environment

We want to design an environment that supports children. Some ways include:

- ◆ Picture schedules
- ◆ Offering choices
- ◆ Positive interactions
- ◆ Schedules/Routines
- ◆ Clear expectations
- ◆ Rewarding positive behavior



Teach Social Emotional Skills

We teach children to express their feelings in appropriate ways. We teach them:

- ◆ Feeling words
- ◆ Friendship skills
- ◆ Anger coping skills:
- Deep breathing
- ◆ Problem solving skills



Intensive Individual Interventions

For children who may need extra help, we can provide individualized support.



Program-Wide Expectations

PBIS "Bee" Rules:

Be Safe

Be Kind

Be Responsible

These are expectations for everyone. When children are caught being safe, kind, and responsible at Head Start, they earn bees for their beehive.



PBIS at Home!

There are many ways you can use PBIS at home! You can:

- ◆ Develop home rules.
- ◆ Use beehives and bees when child is caught being safe, kind, and responsible at home.
- ◆ Read stories.
- ◆ Borrow books from the PBIS Family Library on various topics and visit our virtual library at www.stepcorp.org/pbis/virtual-pbis-family-library.html
- ◆ Join a PBIS Family Focus Group.

Visit the "PBIS at Home" section on our website!

<https://www.stepcorp.org/step-pathways/early-learning/head-start.html>

The mission of PBIS is to support children, families, and staff in building positive relationships.