



# March 2023

**MILL HALL**  
**Center for Healthy Aging**  
**570-726-6378**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Join us for lunch!</b>  <b>Served M-F</b>  <b>at 11:30am</b></p> <p><b>Call to order a meal!</b></p>		<p>1            9:30-Exercise            10:00-Aggravation            10a-1:30p Cards</p>	<p>2            10:00-Line Dancing</p>	<p>3            9:30-Exercise            10:00-Aggravation            10:00-Quilting</p>
<p>6            9:30-Exercise            10:00-Aggravation</p>	<p>7            8:30-12:30—Bingo            1:00-Zoom Jeopardy</p>	<p>8            9:30-Exercise            10:00-Aggravation            10a-1:30p Cards</p>	<p>9            10:00-Line Dancing</p>	<p>10            9:30-Exercise            10:00-Aggravation            10:00-Quilting</p>
<p>13            9:30-Exercise            10:00-Aggravation</p>	<p>14            8:30-12:30—Bingo            1:00-Zoom Jeopardy</p>	<p>15            9:30-Exercise            10:00-Aggravation            10a-1:30p Cards</p>	<p>16            Center            Closed</p>	<p>17            Center            Closed</p>
<p>20            9:30-Exercise            10:00-Aggravation</p> <p><b>1ST DAY OF SPRING</b></p>	<p>21  <b>12:30-Gift Card Bingo</b></p>	<p>22            9:30-Exercise            10:00-Aggravation            10a-1:30p Cards</p>	<p>23            10:00-Line Dancing</p>	<p>24            9:30-Exercise            10:00-Aggravation            10:00-Quilting</p>
<p>27            9:30-Exercise            10:00-Aggravation</p>	<p>28            Center            Closed</p>	<p>29            Center            Closed</p>	<p>30            10:00-Line Dancing</p>	<p>31            9:30-Exercise            10:00-Aggravation            10:00-Quilting</p>