



September 2023

Meck
Center for Healthy Aging
570-601-9593

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Join us for lunch! Served M-F at 11:30am</p> <p>Call to order a meal!</p>				<p>1</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>4</p> <p>CENTER CLOSED LABOR DAY</p>	<p>5</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>6</p> <p>9:00am Cards 10:00am Puzzles 10:00am Carson</p>	<p>7</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>8</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Crafts</p>
<p>11</p> <p>9:00am Cards 10:00am Carson 12:00pm Bible Study</p>	<p>12</p> <p>CENTER CLOSED HSOA Program</p>	<p>13</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>	<p>14</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>15</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>18</p> <p>9:00am Cards 10:30am Puzzles 12:00pm Bible Study</p>	<p>19</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:00pm Crafts</p>	<p>20</p> <p>9:00am Cards 10:00am Puzzles 10:00am Carson</p>	<p>21</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>22</p> <p>9:00am Cards 10:00am Puzzles 12:00pm Ceramics</p>
<p>25</p> <p>9:00am Cards 10:30am Puzzles 12:00pm Bible Study</p>	<p>26</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>27</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>	<p>28</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>29</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>