



February 2023

MILL HALL
Center for Healthy Aging
570-726-6378

Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:00-Exercise 10:00-Aggravation 12:30-Cards 1:00-Knitting	2 10:00-Line Dancing 12:00-Cards 1:00-Ukulele Club 2:00-Walking Club	3 9:00-Exercise 10:00-Aggravation 10:00-Quilting
6 9:00-Exercise 10:00-Aggravation	7 9:00-2:00—Bingo 1:00-Zoom Jeopardy 2:00-Walking Club	8 9:00-Exercise 10:00-Aggravation 12:30-Cards 1:00-Knitting	9 10:00-Line Dancing 12:00-Cards 1:00-Ukulele Club 2:00-Walking Club	10 9:00-Exercise 10:00-Aggravation 10:00-Quilting
13 9:00-Exercise 10:00-Aggravation	14 9:00-2:00—Bingo 1:00-Zoom Jeopardy 2:00-Walking Club VALENTINE'S DAY	15 9:00-Exercise 10:00-Aggravation 12:30-Cards 1:00-Knitting	16 10:00-Line Dancing 12:00-Cards 1:00-Ukulele Club 2:00-Walking Club	17 9:00-Exercise 10:00-Aggravation 10:00-Quilting
20 CENTER CLOSED PRESIDENT'S DAY	21 9:00-2:00—Bingo 12:30-Ceramics 1:00-Zoom Jeopardy 2:00-Walking Club	22 9:00-Exercise 10:00-Aggravation 12:30-Cards 1:00-Knitting	23 10:00-Line Dancing 12:00-Cards 1:00-Ukulele Club 2:00-Walking Club	24 9:00-Exercise 10:00-Aggravation 10:00-Quilting
27 9:00-Exercise 10:00-Aggravation	28 9:00-2:00—Bingo 1:00-Zoom Jeopardy 2:00-Walking Club			Join us for lunch! Served M-F at 11:30am Call to order a meal!