



Loyalsock Center for Healthy Aging
570 601-9590

September 2022

MON

TUE

WED

THU

FRI

1

9:00am-10:00am HSIM
1:00-3:00pm Fiber Arts (bring
your own project; knitting, cro-
cheting, sewing, etc.)

2

10:00am-11:30am Tech
Savvy

5

CENTER CLOSED

6

9:00am-10:00am HSIM
9:00-10:00am Zumba Gold
12:30pm Cards (variety)

7

9:00-10:00am Zumba Gold
1:00pm Color/Design

8

9:00am-10:00am HSIM

9

10:00am-11:30am Tech
Savvy

12

CENTER CLOSED

13

CENTER CLOSED

14

9:00-10:00am Zumba Gold
12:30 Aromatherapy Day
1:00pm Color/Design

15

9:00am-10:00am HSIM
1:00-3:00pm Fiber Arts (bring
your own project; knitting, cro-
cheting, sewing, etc.)

16

10:00am-11:30am Tech
Savvy

19

9:00-10:00am Tai Chi

20

9:00am-10:00am HSIM
9:00-10:00am Zumba Gold
12:30pm Cards (variety)

21

9:00-10:00am Zumba Gold
1:00pm Color/Design

22

9:00am-10:00am HSIM
12:30 Ceramics

23

10:00am-11:30am Tech
Savvy

26

9:00-10:00am Tai Chi

27

9:00am-10:00am HSIM
9:00-10:00am Zumba Gold
12:30pm Cards (variety)

28

9:00-10:00am Zumba Gold
1:00pm Color/Design

29

9:00am-10:00am HSIM

30

10:00am-11:30am Tech
Savvy