

October 2
Ham and Bean Soup
Turkey and Swiss
Sandwich Wrap
Mandarin Oranges
Three Bean Salad

October 3
Ham Salad
Carrot & Raisin Salad
Croissant
Fresh Pear
Sugar Cookie

October 4
Italian Hoagie
Ham, Salami, Provolone
with Lettuce Leaf
Pepper Slaw
Sliced Apples

October 5
Chicken Caesar Salad
with Croutons and Dressing
Macaroni Salad
Fresh Apple

October 6
Seafood Salad
Croissant
Baby Carrots
Fresh Orange
Vanilla Ice Cream

October 9
Ham, Turkey, Swiss Cheese
on Whole Grain Bread
Broccoli Salad
Peaches
Fresh Banana

October 10
Beef Barley Soup
Chicken Salad
Sandwich Wrap
Pepper Slaw
Fresh Apple

October 11
Chicken Cobb Salad
with Poppysseed Dressing
Carrot Raisin Salad
Pasta Salad
Fresh Orange

October 12
Ham and Swiss on Rye
with Spicy Mustard
Three Bean Salad
Mandarin Oranges

October 13
Chicken Craisin Salad
Croissant
Fresh Romaine with Italian
Chocolate Pudding
Fresh Apple

October 16
Buffalo Chicken Wrap
with Blue Cheese
Macaroni Salad
Celery Sticks
Fresh Orange

October 17
Chef Salad
with Ranch Dressing
Tropical Fruit Salad
Three Bean Salad
Sugar Cookie

October 18
Chicken Noodle Soup
Bacon, Lettuce, Tomato
Whole Grain Bread
Pepper Slaw
Sliced Apples

October 19
Waldorf Salad
Croissant
Pickled Beet Salad
Gelatin with Fruit

October 20
Chicken Salad
Sandwich Wrap
Three Bean Salad
Mandarin Oranges

October 23
Italian Hoagie
Ham, Salami, Provolone
with Lettuce Leaf
Pepper Slaw
Mandarin Oranges

October 24
Chicken Fajita Salad
with Ranch Dressing
Chuckwagon Corn Salad
Tortilla Chips
Cookie

October 25
Chicken Caesar Wrap
Pepper Slaw
Peaches
Banana

October 26
Ham, Turkey, Swiss
on Wheat Bread
Cinnamon Apples
Broccoli Salad

October 27
Beef Barley Soup
Turkey and Swiss
Sandwich Wrap
Tropical Fruit Salad
Pickled Beet Salad

October 30
Seafood Salad
Croissant
Baby Carrots
Fresh Orange
Vanilla Ice Cream

October 31
Ham, Turkey, Swiss Cheese
on Whole Grain Bread
Broccoli Salad
Cinnamon Apples

November 1
Buffalo Chicken Salad
Blue Cheese Dressing
Tropical Fruit Salad
Chocolate Pudding
Dinner Roll

November 2
Minestrone Soup
Bacon, Lettuce, Tomato
Whole Grain Bread
Pepper Slaw
Pears

November 3
Chef Salad
with Ranch Dressing
Macaroni Salad
Mandarin Oranges
Banana