



**MILL HALL CENTER**  
570-726-6378

# July 2022

**MON**

**TUE**

**WED**

**THU**

**FRI**

Meals Served  
11:30am  
Call by 10am the  
day prior to  
order meals or  
transportation

1  
9:00-Exercise  
10- Aggravation  
10:00-Quilting

4  
**HOLIDAY  
CENTER  
CLOSED**

5  
9:00-2:00-Bingo  
1:00-Jeopardy  
2:00-Walking  
Club

6  
9:00-Exercise  
10- Aggravation  
12:30-Cards  
1:00-Knitting

7  
10-LineDancing  
2:00-Walking  
Club

8  
9:00-Exercise  
10- Aggravation  
10:00-Quilting

11  
9:00-Exercise  
10- Aggravation  
1:00-Coffee &  
Conversation

12  
9:00-2:00-Bingo  
12:30-Spa Day  
2:00-Walking  
Club

13  
9:00-Exercise  
10- Aggravation  
12:30-Cards  
1:00-Knitting

14  
10-LineDancing  
2:00-Walking  
Club

15  
9:00-Exercise  
10- Aggravation  
10:00-Quilting

18  
9:00-Exercise  
10- Aggravation  
1:00-Coffee &  
Conversation

19  
9:00-2:00-Bingo  
1:00-Jeopardy  
1:00-CERAMICS

20  
9:00-Exercise  
10- Aggravation  
12:30-Cards  
1:00-Knitting

21  
10-LineDancing  
2:00-Walking  
Club

22  
9:00-Exercise  
10- Aggravation  
10:00-Quilting

25  
9:00-Exercise  
10- Aggravation  
1:00-Coffee &  
Conversation

26  
9:00-2:00-Bingo  
12:30-  
Aromatherapy  
2:00-Walking  
Club

27  
9:00-Exercise  
10- Aggravation  
12:30-Cards  
1:00-Knitting

28  
10-LineDancing  
2:00-Walking  
Club

29  
9:00-Exercise  
10- Aggravation  
10:00-Quilting