November 2026 Activity Calendar

Jersey Shore Center for Healthy Aging | 641 Cemetery Street, Jersey Shore

Lunch is served daily at 11:30 AM, call (570) 601-9591 to reserve your meal.

Monday, November 2

- 9:00AM – Coffee and Conversation
- 10:00AM – Chair Yoga
- 12:15PM – Bible Study
- 1:15PM – Diamond Painting

Tuesday, November 3

- 9:00AM – HSIM (Exercise)
- 10:15AM – Cards
- 12:15PM – Pictionary

Wednesday, November 4

- 9:00 AM – Coffee & Conversation
- 10:00AM – Chair Yoga
- 12:15PM – Bingo

Thursday, November 5

- 9:00 AM – Coffee & Conversation
- 10:15AM - Cards
- 12:15PM – Jeopardy

Friday, November 6

- **CLOSED**

Monday, November 9

- 9:00AM – Coffee and Conversation
- 10:00AM – Chair Yoga
- 12:15PM – Bible Study
- 1:15PM – Diamond Painting

Tuesday, November 10

- 9:00AM – HSIM (Exercise)
- 10:15AM – Cards
- 12:15PM – Rummikub

Wednesday, November 11

- **CLOSED – VETERAN'S DAY**

Thursday, November 12

- 9:00AM – HSIM (Exercise)
- 10:15AM – Cards
- 12:15PM – Trivia

Friday, November 13

- 9:00 AM – Coffee and Conversation
- 10:15AM – Triominos
- 12:15PM- Cooking Class: Pumpkin Roll

Monday, November 16

- 9:00AM – Coffee and Conversation
- 10:00AM – Chair Yoga
- 12:15PM – Bible Study
- 1:15PM – Diamond Painting

Tuesday, November 17

- 9:00AM – HSIM (Exercise)
- 10:15AM – Cards
- 12:15PM – Thanksgiving Craft

Wednesday, November 18

- 9:00 AM – Coffee & Conversation
- 10:00AM – Chair Yoga
- 12:15PM – Bingo

Thursday, November 19

- 9:00AM – HSIM (Exercise)
- 10:15AM – Cards
- 12:15PM – T-Shirt Tye Dye Program

Friday, November 20

- 9:00 AM – Coffee and Conversation
- 10:15AM – Cards
- 12:15PM – Cooking Class: Pumpkin Pie

Monday, November 23

- 9:00AM – Coffee and Conversation
- 10:00AM – Chair Yoga
- 12:15PM – Bible Study
- 1:15PM – Diamond Painting

Tuesday, November 24

- 9:00AM – HSIM (Exercise)
- 10:15AM – Cards
- 12:15PM – Penny Pitching

Wednesday, November 25

- 9:00 AM – Coffee & Conversation
- 10:00AM – Chair Yoga
- 12:15PM – Grocery Bingo

Thursday, November 26

- **CLOSED – THANKSGIVING DAY**

Friday, November 27

- **CLOSED**

Monday, November 30

- 9:00AM – Coffee and Conversation
- 10:00AM – Chair Yoga
- 12:15PM – Bible Study
- 1:15PM – Diamond Painting