

July 1
Pork BarBeQue
with Sandwich Roll
Macaroni and Cheese
Green and Wax Beans
Creamy Cole Slaw

July 2
Chicken Noodle Casserole
Carrots and Cauliflower
Warm Pears
Chocolate Cake with Pudding

July 3
Pepper Steak
with Brown Gravy
Mashed Potatoes
Creamed Corn
Italian Tomato Salad

July 4
HOLIDAY
HOLIDAY
HOLIDAY
HOLIDAY
HOLIDAY

July 5
Breaded Chicken Fillet
Sandwich Roll
Stewed Tomatoes
Peas and Carrots
Fresh Apple

July 8
Cheddar Cheese Omelet
Hot Spiced Peaches
Warm Beets
Fresh Orange
Whole Grain Bread

July 9
Chicken Ala King
Buttered Noodles
Lemon Pepper Vegetables
Apple Sauce

July 10
Breaded Fish Sandwich
Sandwich Roll
Stewed Tomatoes
Macaroni and Cheese
Creamy Cole Slaw

July 11
Alpine Hamburger
with Hamburger Roll
Molasses Baked Beans
Garlic Zucchini
Gelatin with Fruit

July 12
Baked Goulash
Glazed Carrot Coins
Green Beans
Fresh Peach

July 15
Roasted Pork
with Sauerkraut
Whipped Potatoes
Sliced Apples
Dinner Roll

July 16
Creamy Pesto Chicken
Buttered Noodles
Glazed Carrots
Fresh Orange

July 17
Baked Mexican Casserole
Mexican Corn
Spanish Beans
Gelatin with Fruit

July 18
Ground Beef Pepper Steak
with Tangy Soy Sauce
White Rice
Broccoli and Carrots
Tomato and Cucumber Salad

July 19
Meatloaf with Gravy
Mashed Potatoes
Mixed Vegetables
Vanilla Pudding with Apples
Whole Grain Bread

July 22
Texas Hot Dog
with Hot Dog Roll
Carrots & Cauliflower
Molasses Baked Beans
Fresh Peach

July 23
Sweet and Sour Chicken
Buttered Noodles
Broccoli and Carrots
Minted Pears
Dinner Roll

July 24
Breaded Chicken Tenders
with Honey Mustard Sauce
and Sandwich Wrap
Lemon Pepper Vegetables
Macaroni and Cheese
Fresh Romaine with Dressing

July 25
Parmesean Breaded Fish
Au Gratin Potatoes
Dilled Carrots
Fruited Gelatin
Whole Grain Bread

July 26
Meatball Sub
with Hoagie Roll
Creamy Pesto Rotini
Peas and Cauliflower
Fresh Watermelon

July 29
Chicken BBQ
Sandwich Roll
Scalloped Potatoes
Carrots & Cauliflower
Creamy Cole Slaw

July 30
Soft Beef Taco
with Tortilla Wrap
Spanish Beans
Corn with Pimentos
Cucumber and Onion Salad

July 31
Chicken Alfredo
Fettuccini Alfredo Noodles
Vegetable Blend
Fresh Cantaloupe

August 1
Cheeseburger
Hamburger Roll
Molasses Baked Beans
Creamed Corn
Tropical Fruit Salad

August 2
Baked Pizza Pasta Casserole
Glazed Carrots
Broccoli
Fresh Banana