October 3 Macaroni Ham & Cheese Stewed Tomatoes Peas Lemon Pudding

October 10 BarBeQue Chicken Sandwich Roll Molasses Baked Beans Broccoli and Carrots Macaroni Salad

October 17 Pizza Pasta Casserole **Glazed Carrots** Broccoli Fruited Gelatin

October 24 Pepper Steak with **Tomato Pepper Sauce** Peas with Mushroms Halushkie Carrot & Raisin Salad

October 31 Franks and Beans Molasses Baked Beans **Cheesy Cauliflower** Macaroni Salad

October 4 Chicken Marsala Garlic Breadstick Green Bean Casserole Creamy Cole Slaw

October 11 Meatloaf Marinara Macaroni and Cheese Mixed Vegetables Fresh Orange

October 18 **Breaded Fish Sandwich** Sandwich Roll Stewed Tomatoes Macaroni and Cheese Fresh Pear

October 25 Creamed Chicken over Waffle Broccoli Hot Spiced Peaches Baked Custard

November 1 Meatball Sub with Hoagie Roll **Creamy Pesto Rotini Carrot Coins Fresh Orange** 

October 5 Hamburger Barbeque Sandwich Roll Beans and Greens Butternut Squash Baked Custard

October 12 Roasted Pork with Gravy over Stuffing Sweet Potatoes Lima Beans Pumpkin Custard

October 19 Alpine Hamburger Sandwich Roll Molasses Baked Beans Garlic Smashed Cauliflower Vanilla Pudding with Apples

October 26 Swedish Meatballs Halushkie Peas with Pearl Onions Fresh Banana

November 2 Dirty Rice Casserole **Creamy Ginger Carrots** Broccoli Banana Pudding

October 6 Sausage Patty with Peppers and Onions Sandwich Roll Broccoli and Carrots Molasses Baked Beans Fresh Apple

October 13 Spaghetti and Meatballs with Marinara Italian Vegetable Blend Tossed Salad with Italian Whole Grain Bread

October 20 Fresh Sausage Link with Peppers and Onions Sandwich Roll Hot Spiced Peaches Cheesy Broccoli Apple Sauce

October 27 Chili con Carne Corn Bread Fall Vegetable Blend Sliced Pears

November 3 Sausage Gravy Fresh Dropped Biscuit Creamed Peas Pepper Slaw

November 4 Hamloaf with Pineapple Sauce Warm Beets Sweet Potatoes

October 21 Beef Stroganoff over Noodles Shredded Red Cabbage Green Beans

October 7

Parmesean Breaded Fish

Au Gratin Potatoes

**Dilled Carrots** 

Fruited Gelatin

Whole Grain Bread

October 14

Goulash Carrots & Cauliflower

Green Beans

Apple Sauce

October 28 Meatloaf with Gravy Mashed Potatoes Mixed Vegetables Vanilla Pudding with Apples

Pepper Slaw

**Oatmeal Applesauce Cake**