



Meck Center for Healthy Aging
570-601-9593

October 2022

| MON | TUE | WED | THU | FRI |
|--|--|---|---|--|
| 3 Carson 9:00am 12:00pm Bible Study 1:00pm ZOOM-Jeopardy | 4 ZUMBA Gold 9:00am 10:00am Cards 10:30am Puzzles | 5 9:00am Cards 10:00am Puzzles 12:00pm Crochet Club | 6 9:00am Cards 9:30am Puzzles 12:30pm Bingo | 7 9:00am Cards 10:00am Use Your Noodle Halloween Craft 12:00pm |
| 10 9:00am Cards 12:00pm Bible Study 1:00pm ZOOM-Jeopardy | 11 ZUMBA Gold 9:00am 10:00am Cards 10:30am Puzzles | 12 9:00am Cards 10:00am Puzzles Price is Right 12:00pm | 13 9:00am Cards 9:30am Puzzles 12:30pm Bingo | 14 9:00am Cards 10:00am Use Your Noodle Ceramics 12:00pm |
| 17 Carson 9:00am 12:00pm Bible Study 1:00pm ZOOM-Jeopardy | 18 ZUMBA Gold 9:00am 10:00am Cards 10:30am Puzzles | 19 9:00am Cards 10:00am Puzzles 12:00pm Crochet Club | 20 9:00am Cards 9:30am Puzzles 12:30pm Bingo | 21 9:00am Cards 10:00am Use Your Noodle 12:00pm Puzzles |
| 24 9:00am Cards 12:00pm Bible Study 1:00pm ZOOM-Jeopardy | 25 Zumba Gold 9:00am 10:00am Cards 10:30am Puzzles | 26 9:00am Cards 10:00am Puzzles 12:00pm Crochet Club | 27 9:00am Cards 9:30am Puzzles 12:30pm Bingo | 28 9:00am Cards 10:00am Use Your Noodle Giftcard Bingo 12:30pm |
| 31 Halloween Festivities 12:00pm Bible Study 1:00pm ZOOM-Jeopardy | Meals are served Monday-Friday at 11:30am. Call by 10:00am the day prior to order meals or schedule transportation. | | | Puzzles and cards everyday! |