



October 2023

Meck
Center for Healthy Aging
570-601-9593

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>9:00am Cards 10:30am Puzzles 12:00pm Bible Study</p>	<p>3</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>4</p> <p>9:00am Cards 10:00am Puzzles 10:00am Carson</p>	<p>5</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>6</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>9</p> <p>9:00am Cards 10:30am Puzzles 12:00pm Bible Study</p>	<p>10</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>11</p> <p>9:00am Cards 10:00am Puzzles 10:00am Carson</p>	<p>12</p> <p>9:00am Cards 12:30pm Bingo with Charlotte</p>	<p>13</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Ceramics</p>
<p>16</p> <p>9:00am Cards 10:30am Puzzles 12:00pm Bible Study</p>	<p>17</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>18</p> <p>9:00am Cards 10:00am Puzzles 10:00am Carson</p>	<p>19</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>20</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>23</p> <p>9:00am Cards 10:30am Puzzles 12:00pm Bible Study</p>	<p>24</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>25</p> <p>9:00am Cards 10:00am Puzzles 10:00am Carson</p>	<p>26</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>27</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>30</p> <p>CENTER CLOSED</p>	<p>31</p> <p>9:00am ZUMBA Gold 9:30am Cards HAPPY HALLOWEEN</p>			<p>Join us for lunch! Served M-F at 11:30am</p> <p>Call to order a meal</p>