



March 2024

Jersey Shore
Center for Healthy Aging
570-601-9591

Monday	Tuesday	Wednesday	Thursday	Friday
Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal!				1 11:30 Peanut Lovers' Day 12:15 Cards/Dominos
4 12:15 Bible Study w/C Bennet, Lay Minister 12:15 Cards	5 9am HSIM (exercise) 12:15 Cards/Dominos	6 12n Oreo Cookie Day 12:15 Cards/Dominos	7 9am HSIM (exercise) 12:15 Penny Bingo 4-5pm Tech Savvy Seniors Help with your cell phones	8 12n National Frozen Food Month 12:15 Pokeno
11 12:15 Bible Study w/C Bennet, Lay Minister 12:15 Cards	12 9am HSIM (exercise) 11:30 Take-a-Trip Tuesday	13 WACKY WEDNESDAY 12:15 Wacky Games	14 9am HSIM (exercise) 12n Potato Chip Day 12:15 Dirty Bingo	15 12:15 National Craft Month Craft (sign-up by 3/13)
18 12:15 Bible Study w/C Bennet, Lay Minister 12:15 Cards	19 9am HSIM (exercise) 12n American Chocolate Week Celebration 12:15 Duck Races	20 11:30 Medicine Safety w/ David, AmeriHealth <i>Caritas</i> 12:15 National Frog Day Celebration (Frog Races)	21 12:30-1:30 Dementia Con- versations: Driving, Doctor Visits, Legal/Financial Planning w/L Welch, Penn State Coop Ext.	22 12:15 Pokeno
25 12:15 Bible Study w/C Bennet, Lay Minister 12:15 Cards	26 9am HSIM (exercise) 12:15 Cards/Dominos	27 12:15 Cards/Dominos	28 9am HSIM (exercise) 12:15 Easter Fun & Bunny Races	29 CENTER CLOSED GOOD FRIDAY