



# January 2023

**Renovo**  
**Center for Healthy Aging**  
**570-923-2525**

Monday	Tuesday	Wednesday	Thursday	Friday
2 CENTER CLOSED	3 12:00 Rummikub 2:00 Zumba Gold	4 12:00 Rummikub 2:00 Zumba Gold	5 12:00 Rummikub 2:00 Zumba Gold	6 12:00 Rummikub
9 9:00 Senior Strength 12:00 Rummikub	10 12:00 Rummikub 2:00 Zumba Gold	11 9:00 Senior Strength 12:00 Rummikub 2:00 Zumba Gold	12 12:00 Rummikub 2:00 Zumba Gold	13 12:00 Rummikub
16 CENTER CLOSED MARTIN LUTHER KING, JR DAY	17 12:00 Rummikub 2:00 Zumba Gold	18 9:00 Senior Strength 12:00 Rummikub 2:00 Zumba Gold	19 12:00 Rummikub 2:00 Zumba Gold	20 12:00 Rummikub
23 9:00 Senior Strength 12:00 Rummikub 2:00 Zumba Gold	24 12:00 Rummikub 2:00 Zumba Gold	25 9:00 Senior Strength 12:00 Rummikub 2:00 Zumba Gold	26 12:00 Rummikub 2:00 Zumba Gold	27 12:00 Painting
30 9:00 Senior Strength 12:00 Rummikub 2:00 Zumba Gold	31 12:00 Rummikub 2:00 Zumba Gold			Join us for lunch! Served M-F at 11:30am  Call to order a meal!