



Loyalsock Center for Healthy Aging
570 601-9590

December 2022

MON	TUE	WED	THU	FRI
Meals are served Monday-Friday at 11:30am. Call by 10:00am 48 hours in advance to order meals or schedule transportation.			1 9:00am-10:00am HSIM 1:00-3:00pm Fiber Arts (bring your own project; knitting, crocheting, sewing, etc.)	2 10:00am-11:30am Tech Savvy
5 11:30 Lunch and Literature	6 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	7 9:00-10:00am Zumba Gold 1:00pm Color/Design	8 9:00am-10:00am HSIM	9 NO CENTER MEALS CENTER CLOSING AT 10:00AM
12 11:30 Lunch and Literature	13 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	14 9:00-10:00am Zumba Gold 1:00pm Color/Design	15 9:00am-10:00am HSIM 1:00-3:00pm Fiber Arts (bring your own project; knitting, crocheting, sewing, etc.)	16 10:00am-11:30am Tech Savvy
19 CENTER CLOSED SANTA SENIORS	20 CENTER CLOSED SANTA SENIORS	21 9:00-10:00am Zumba Gold 1:00pm Color/Design	22 9:00am-10:00am HSIM 12:30 Ceramics	23 10:00am-11:30am Tech Savvy
26 CENTER CLOSED HAPPY HOLIDAYS	27 9:00am-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	28 9:00-10:00am Zumba Gold 1:00pm Color/Design	29 9:00am-10:00am HSIM	30 10:00am-11:30am Tech Savvy