



April 2024

Meck
Center for Healthy Aging
570-601-9593

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>9:00am Cards 11:30am Medicine Safety Program</p>	<p>2</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>3</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>	<p>4</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>5</p> <p>9:00am Cards 10:00am Puzzles 12:00pm Setback</p>
<p>8</p> <p>9:00am Cards 10:30am Puzzles 12:30pm Cards</p>	<p>9</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>10</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>	<p>11</p> <p>CENTER CLOSED</p>	<p>12</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>15</p> <p>9:00am Cards 10:30am Puzzles 12:30pm Cards</p>	<p>16</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>17</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>	<p>18</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>19</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>
<p>22</p> <p>9:00am Cards 10:30am Puzzles 12:30pm Cards</p>	<p>23</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>	<p>24</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Cards</p>	<p>25</p> <p>9:00am Cards 9:30am Puzzles 12:30pm Bingo</p>	<p>26</p> <p>9:00am Cards 10:00am Puzzles 12:30pm Crafts</p>
<p>29</p> <p>9:00am Cards 11:30am Hygiene Program</p>	<p>30</p> <p>9:00am ZUMBA Gold 9:30am Cards 12:30pm Puzzles</p>			<p>Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal!</p>