



May 2023

MILL HALL
Center for Healthy Aging
570-726-6378

Monday	Tuesday	Wednesday	Thursday	Friday
1 Center Closed	2 Center Closed	3 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 10a-1:30p Cards	4 Center Closed	5 Center Closed
8 9:30-Exercise 10:00-Aggravation	9 9:00-11:30—Bingo 1:00-Zoom Jeopardy	10 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 10a-1:30p Cards	11 10:00-Line Dancing	12 9:30-Exercise 10:00-Aggravation
15 9:30-Exercise 10:00-Aggravation	16 Center Closed Election Day	17 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 10a-1:30p Cards	18 10:00-Line Dancing	19 9:30-Exercise 10:00-Aggravation
22 9:30-Exercise 10:00-Aggravation	23 9:00-11:30—Bingo 1:00-Zoom Jeopardy	24 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 10a-1:30p Cards	25 10:00-Line Dancing	26 9:30-Exercise 10:00-Aggravation
29 CENTER CLOSED MEMORIAL DAY	30 9:00-11:30—Bingo 1:00-Zoom Jeopardy	31 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 10a-1:30p Cards		Join us for lunch! Served M-F at 11:30am Call to order a meal!