

October 6 Chicken with Gravy and Stuffing Mashed Potatoes Buttered Vegetable Bean Blend Fresh Orange Graham Crackers	October 7 Sausage Link with Peppers and Onions Sandwich Roll Peas and Carrots Molasses Baked Beans Peaches	October 8 Chicken Ala King Buttered Noodles Lemon Pepper Vegetables Apple Sauce Dinner Roll	October 9 Breaded Fish Sandwich Sandwich Roll Stewed Tomatoes Macaroni and Cheese Creamy Cole Slaw	October 10 Chili Con Carne Corn Bread Buttered Vegetable Blend Fresh Grapes
October 13 Spaghetti and Meatballs with Marinara Buttered Italian Vegetables Peaches Whole Grain Bread	October 14 Creamy Pesto Chicken Buttered Noodles Glazed Carrots Fresh Orange Dinner Roll	October 15 Cheeseburger Hamburger Roll Molasses Baked Beans Shaved Brussels Gelatin with Fruit	October 16 Sausage and Egg Sandwich Roll Tomatoes with Peppers and Onions Butternut Squash Oatmeal Apple Sauce Cake	October 17 Country Fried Chicken with White Pepper Gravy Mashed Potatoes Buttered Corn Creamy Cole Slaw Whole Grain Bread
October 20 Roasted Pork with Gravy Mashed Potatoes Buttered Catalina Vegetables Pumpkin Custard Whole Grain Bread	October 21 Chicken Pot Pie with Bow Tie Gravy Biscuit Mixed Vegetables Mandarin Oranges	October 22 Sausage Meatballs with Mushroom Sauce Radiatore Noodles Broccoli and Carrots Carrot Raisin Salad	October 23 Meatloaf with Marinara Macaroni and Cheese Peas and Carrots Fresh Orange	October 24 Chicken Alfredo Alfredo Shells Winter Vegetable Blend Fresh Banana
October 27 Sausage Patty with Peppers and Onions Sandwich Roll Molasses Baked Beans Broccoli and Carrots Fresh Clementine	October 28 Chicken Marsala Mashed Potatoes Creamed Spinach Fresh Banana Whole Grain Bread	October 29 Hamloaf with Pineapple Sauce Rivera Vegetable Blend Sweet Potatoes Vanilla Pudding with Apples Whole Grain Bread	October 30 Cheeseburger Casserole Green and Wax Beans Buttered Corn Gelatin with Fruit	October 31 Chicken Florentine Wild Rice Blend Buttered Lemon Pepper Broccoli and Cauliflower Apple Sauce Whole Grain Bread