



# February 2023

**RiverWalk**  
**Center for Healthy Aging**  
**(570) 601-9592**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:00 Cards 12:00 Bible Study 2:00 Line Dance	2 9:00 Koffee Klatch 10:30 Drawing w/George 1:00 Bingo	3 9:00 Zumba Gold, <b>Center Closing at 1:00pm</b>
6 9:00 Wood Carving, 9:00 Zumba Gold, 12:30 Tai Chi Lvl 2	7 9:00 <b>iPhone Training</b> (sign up required), 10:30 Senior Yoga—Virtual	8 9:00 Cards 12:00 Bible Study 2:00 Line Dance	9 9:00 Koffee Klatch 10:30 Drawing w/George 1:00 Bingo	10 9:00 Zumba Gold, 1:00-2:00 Electronics Help (call ahead)
13 9:00 Wood Carving, 9:00 Zumba Gold, 12:30 Tai Chi Lvl 2 (sign up required)	14 9:00 <b>iPhone Training</b> (sign up required), 10:30 Senior Yoga—Virtual	15 9:00 Cards 11:30 <b>Mature Driver Program</b> 12:30 Bible Study 2:00 Line Dance	16 9:00 Koffee Klatch 10:30 Drawing w/George 1:00 Bingo	17 9:00 Zumba Gold, 11:30 <b>Valentine's Luncheon</b> (Sign up Required)
20 <b>CENTER CLOSED PRESIDENT'S DAY</b>	21 9:00 <b>iPhone Training</b> (sign up required), 10:30 Senior Yoga—Virtual	22 9:00 Cards 12:00 Bible Study 2:00 Line Dance	23 9:00 Koffee Klatch 10:30 Drawing w/George 1:00 Bingo	24 9:00 Zumba Gold, 1:00-2:00 Electronics Help (call ahead)
27 9:00 Wood Carving, 9:00 Zumba Gold, 12:30 Tai Chi Lvl 2 (sign up required)	28 9:00 <b>iPhone Training</b> (sign up required), 10:30 Senior Yoga—Virtual			Join us for lunch! Served M-F at 11:30am Call to order a meal 48hrs in advance by 10am.