



January 2023

MILL HALL
Center for Healthy Aging
570-726-6378

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>CENTER CLOSED FOR HOLIDAY</p>	<p>3</p> <p>9:00-2:00—Bingo 2:00-Walking Club</p>	<p>4</p> <p>9:00-Exercise 10-Aggravation 12:30-Cards 1:00-Knitting</p>	<p>5</p> <p>10-Line Dancing 12:00-Cards 1:00-Ukulele Club 2:00-Walking Club</p>	<p>6</p> <p>9:00-Exercise 10-Aggravation 10:00-Quilting</p>
<p>9</p> <p>9:00-Exercise 10-Aggravation 1:00-Zoom Jeopardy</p>	<p>10</p> <p>9:00-2:00—Bingo 2:00-Walking Club</p>	<p>11</p> <p>9:00-Exercise 10-Aggravation 12:30-Cards 1:00-Knitting</p>	<p>12</p> <p>10-Line Dancing 12:00-Cards 1:00-Ukulele Club 2:00-Walking Club</p>	<p>13</p> <p>9:00-Exercise 10-Aggravation 10:00-Quilting</p>
<p>16</p> <p>CENTER CLOSED MARTIN LUTHER KING, JR DAY</p>	<p>17</p> <p>9:00-2:00—Bingo 2:00-Walking Club</p>	<p>18</p> <p>9:00-Exercise 10-Aggravation 12:30-Cards 1:00-Knitting</p>	<p>19</p> <p>10-Line Dancing 12:00-Cards 1:00-Ukulele Club 2:00-Walking Club</p>	<p>20</p> <p>9:00-Exercise 10-Aggravation 10:00-Quilting</p>
<p>23</p> <p>9:00-Exercise 10-Aggravation 1:00-Zoom Jeopardy</p>	<p>24</p> <p>9:00-2:00—Bingo 2:00-Walking Club</p>	<p>25</p> <p>9:00-Exercise 10-Aggravation 12:30-Cards 1:00-Knitting</p>	<p>26</p> <p>10-Line Dancing 12:00-Cards 1:00-Ukulele Club 2:00-Walking Club</p>	<p>27</p> <p>9:00-Exercise 10-Aggravation 10:00-Quilting</p>
<p>30</p> <p>9:00-Exercise 10-Aggravation 1:00-Zoom Jeopardy</p>	<p>31</p> <p>9:00-2:00—Bingo 2:00-Walking Club</p>			<p>Join us for lunch! Served M-F at 11:30am</p> <p>Call to order a meal!</p>