

## July 2022

| Mon                                                                                 | Tue                                                                                          | Wed                                                                  | Тни                                                                       | Fri                                                                   |
|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------|-----------------------------------------------------------------------|
|                                                                                     | Meals served M-F at 11:30am. Call by 10:00am the day prior to order meals or transportation. |                                                                      |                                                                           | 1<br>9:00 Zumba Gold,<br>11:30 Independence<br>Day Party!             |
| 4<br>9:00 Wood Carving,<br>9:00 Zumba Gold,<br>12:30 Live Music<br>2:00 Free Time   | 5<br>9:00 Line Dance<br>10:30 Senior Yoga—Virtual<br>1:00 Get the Dirt on Gardening          | 6<br>9:00 Cards<br>12:00 Bible Study                                 | 7<br>9:00 Free Time<br>10:30 Drawing w/ George,<br>1:00 Bingo             | 8<br>9:00 Zumba Gold,<br>1:30-2:30 Electronics Help<br>(call ahead)   |
| 1 1<br>9:00 Wood Carving,<br>9:00 Zumba Gold,<br>12:30 Live Music<br>2:00 Free Time | 1 2<br>9:00 Line Dance<br>10:30 Senior Yoga—Virtual<br>1:00 Get the Dirt on Gardening        | 1 3<br>9:00 Cards<br>12:00 Bible Study                               | 1 4<br>9:00 Free Time<br>10:30 Drawing w/ George,<br>1:00 Bingo           | 1 5<br>9:00 Zumba Gold,<br>1:30-2:30 Electronics Help<br>(call ahead) |
| 1 8<br>9:00 Wood Carving,<br>9:00 Zumba Gold,<br>12:30 Live Music<br>2:00 Free Time | 1 9<br>9:00 Line Dance<br>10:30 Senior Yoga—Virtual<br>1:00 Get the Dirt on Gardening        | 2 0<br>9:00 Cards<br>10:00 Make & Take Ceramics<br>12:00 Bible Study | 2 1<br>9:00 Free Time<br>10:30 Drawing w/ George,<br>1:00 GIFT CARD Bingo | 2 2<br>9:00 Zumba Gold,<br>1:30-2:30 Electronics Help<br>(call ahead) |
| 2 5<br>9:00 Wood Carving,<br>9:00 Zumba Gold,<br>12:30 Live Music<br>2:00 Free Time | 2 6<br>9:00 Line Dance<br>10:30 Senior Yoga—Virtual<br>1:00 Get the Dirt on Gardening        | 2 7<br>9:00 Cards<br>12:00 Bible Study                               | 2 8<br>9:00 Free Time<br>10:30 Drawing w/ George,<br>1:00 Bingo           | 2 9<br>9:00 Zumba Gold,<br>1:30-2:30 Electronics Help<br>(call ahead) |