



February 2024

Jersey Shore
Center for Healthy Aging

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal</p>			<p>1 9am HSIM (exercise) 12n National Snack Food Month Celebration 12:15 Penny Bingo</p>	<p>2 12:15 Cards/Dominos</p>
<p>5 12:15 Bible Study with C Bennet, Lay Minister 12:15 Cards</p>	<p>6 9am HSIM (exercise) 12:15 Cards/Dominos <i>(Bus trip)</i></p>	<p>7 12:15 Cards/Dominos</p>	<p>8 9am HSIM (exercise) 12:15 Twisted Farkel</p>	<p>9 12:15 Cards/Dominos 1pm National Pizza Day</p>
<p>12 12:15 Bible Study with C Bennet, Lay Minister 12:15 Cards</p>	<p>13 9am HSIM (exercise) 11:30 Take-a-Trip Tuesday</p>	<p>14 10:30 w/Beth, LH Re- hab. & Senior Living 12:15 Cards/Dominos</p>	<p>15 12:30-1:30 Understand- ing Alzheimer's & Dementia w/L Welch, Penn State Coop Ext.</p>	<p>16 12n National Cherry Month Celebration 12:15 Cards/Dominos</p>
<p>19 CENTER CLOSED PRESIDENT'S DAY</p>	<p>20 9am HSIM (exercise) 12:15 Cards/Dominos</p>	<p>21 12n Fabulous FL Strawberry Month Celebration 12:15 Cards/Dominos</p>	<p>22 9am HSIM (exercise) 12:15 Duck Races</p>	<p>23 12:15 Cards/Dominos</p>
<p>26 12:15 Bible Study with C Bennet, Lay Minister 12:15 Cards</p>	<p>27 9am HSIM (exercise) 12:15 Cards/Dominos</p>	<p>28 12:15 Cards/Dominos</p>	<p>29 9am HSIM (exercise) 12:15 Penny Bingo <i>National Chili Day</i></p>	