

February 2024

Loyalsock Center for Healthy Aging 570-601-9590

Monday	Tuesday	Wednesday	Thursday	Friday
Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal			1 9:00-10:00am HSIM 1:00-3:00pm Fiber Arts	2 10:00am-11:30am Tech Savvy
5 9:00-10:00am Tai Chi 12:00 Mahjong	6 9:00-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	7 9:00-10:00am Zumba Gold 12:00We Love To Read 1:00pm Color/Design	8 9:00-10:00am HSIM 12:30-1:30pm Trivia	9 10:00am-11:30am Tech Savvy
12 12:00 pm Mahjong	13 9:00-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	14 9:00-10:00am Zumba Gold 1:00pm Color/Design	15 9:00-10:00am HSIM 1:00-3:00pm Fiber Arts	16 10:00am-11:30am Tech Savvy
19 CENTER CLOSED PRESIDENT'S DAY	20 9:00-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	21 9:00-10:00am Zumba Gold 1:00pm Color/Design	22 9:00-10:00am HSIM 12:30-1:30pm Trivia	23 10:00am-11:30am Tech Savvy
26 12:00pm Mahjong	27 9:00-10:00am HSIM 9:00-10:00am Zumba Gold 12:30pm Cards (variety)	28 9:00-10:00am Zumba Gold 1:00pm Color/Design	29 9:00-10:00am HSIM	