

July 2024

RiverWalk Center for Healthy Aging (570) 601-9592

Monday	Tuesday	Wednesday	Thursday	Friday
Come eat lunch with us! Lunch served daily at 11:30am Call to reserve a meal!				
1 9:00 Wood Carving 9:00 Zumba	2 10:30 Chair Yoga-Virtual 1:00 Get the Dirt on Gardening	3 9:00 Cards 12:30 HSIM 1;30 Line Dance	4 4th of July HOLIDAY CLOSED	5 12:30 Rummikub/Cards NO HOT MEALS
8 9:00 Wood Carving 9:00 Zumba	9 10:30 Chair Yoga-Virtual 1:00 Get the Dirt on Gardening	10 9:00 Cards 1:230 HSIM 1:30 Line Dance	11 10:00 Drawing w/George 1:00 Bingo	12 12:30 Rummikub/Cards
15 9:00 Wood Carving 9:00 Zumba 1:00 HSIM	16 10:30 Chair Yoga-Virtual 1:00 Get the Dirt on Gardening	17 9:00 Cards 12:30 HSIM 1:30 Line Dance	18 10:00 Drawing w/George 1:00 Bingo	19 12:30 Rummikub/Cards
22 9:00 Wood Carving 9:00 Zumba	23 10:30 Chair Yoga-Virtual 1:00 Get the Dirt on Gardening	24 9:00 Cards 12:30 HSIM 1:30 Line Dance	25 10:00 Drawing w/George 1:00 Bingo	26 12:30 Rummikub/Cards
29 9:00 Wood Carving 9:00 Zumba				