



September 2023

Lincoln
Center for Healthy Aging
570 601-9573

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|-----------------------------|--|
| <p>Join us for lunch! Served M-F at 11:30am</p> <p>Call to order a meal!</p> | | | | <p>1 9:00 Cards 12:30-2:30 Bingo</p> |
| <p>4</p> <p>CENTER CLOSED LABOR DAY</p> | <p>5</p> <p>9:00 Cards</p> | <p>6</p> <p>9:00 Cards 12:30-2:30 Bingo</p> | <p>7</p> <p>9:00 Cards</p> | <p>8</p> <p>9:00 Cards 12:30-2:30 Bingo</p> |
| <p>11</p> <p>9:00 Cards 11:30-12:00 Heart Health w/ David Bellomo from Amerihealth Caritas 12:30-2:30 Bingo</p> | <p>12</p> <p>9:00 Cards</p> | <p>13</p> <p>9:00 Cards 12:30-2:30 Bingo</p> | <p>14</p> <p>9:00 Cards</p> | <p>15</p> <p>9:00 Cards 12:30-2:30 Bingo</p> |
| <p>18</p> <p>8:00 Cards 12:30-2:30 Bingo</p> | <p>19</p> <p>9:00 Cards 12:30-1:30 Ceramics</p> | <p>20</p> <p>9:00 Cards 11:30-12:30 Medicare Fraud Presentation w/ Tamra Baldwin</p> | <p>21</p> <p>9:00 Cards</p> | <p>22</p> <p>9:00 Cards 12:30-2:30 Bingo</p> |
| <p>25</p> <p>9:00 Cards 12:30-2:30 Bingo</p> | <p>26</p> <p>9:00 Cards</p> | <p>27</p> <p>9:00 Cards 12:30-2:30 Bingo</p> | <p>28</p> <p>9:00 Cards</p> | <p>29</p> <p>9:00 Cards 12:30-2:30 Bingo</p> |