



February 2024

Mill Hall
Center for Healthy Aging
570-726-6378

Monday	Tuesday	Wednesday	Thursday	Friday
			1 10:00-Line Dancing	2 9:30-Exercise 10:00-Aggravation
5 9:30-Exercise 10:00-Aggravation	6 9:00-11:30—Bingo	7 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 9:30-12:30 Cards	8 10:00-Line Dancing	9 9:30-Exercise 10:00-Aggravation
12 9:30-Exercise 10:00-Aggravation	13 9:00-11:30—Bingo	14 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 9:30-12:30 Cards	15 10:00-Line Dancing	16 9:30-Exercise 10:00-Aggravation
19 CENTER CLOSED PRESIDENT'S DAY	20 9:00-11:30—Bingo	21 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 9:30-12:30 Cards	22 10:00-Line Dancing	23 9:30-Exercise 10:00-Aggravation
26 9:30-Exercise 10:00-Aggravation	27 9:00-11:30—Bingo	28 9:30-Exercise 10:00-Aggravation 10:00 Knitting/Quilting 9:30-12:30 Cards	29 10:00-Line Dancing	